

Share-A-Shirt

February 18, 2012

8-9:30 am

Help out the good folks at The Lord's Kitchen.

If you have running shirts or other items of apparel in good condition, and would like to donate them to a worthy cause, you can bring them to the Amphitheater between 8 and 9:30, and we will see that they get to The Lord's Kitchen.

This is a good time to do the Hard Ten or the Hard Eight as a training run. Bring a running partner or a group of training partners, and do some good for yourself as well as others



There are lots of good uses for your shirts. This is just a suggestion.

